

# 2024 - SALINA SOUTH MIDDLE SCHOOL TRACK

Track practice will begin on **Monday, March 18th** and will continue until **Monday, May 6<sup>th</sup>** for both boys and girls. Our normal practice schedule will be from **2:50 to 4:30** every weekday at **South Middle School**. Please arrange for a ride by **4:30** each day.

There will be a **track parent meeting** on **Monday, March 18th** for all parents of 7<sup>th</sup> and 8<sup>th</sup> grade track participants. The meeting will be at 5:15pm in the SMS Commons. Enter through the Gym 2 entry doors.

- ⇒ In the case of inclement weather, the practice schedule will be changed. **The girls and boys will both practice from 2:50 to 4:25 in the South Middle gyms.** Please have rides ready by 4:15. The SMS secretaries will be notified about practice changes by at least **2:00pm**. Please do not call or email about practice before then, because a decision will not have been made yet. *Thank you for your support and cooperation with schedule changes, as we have no control over the weather.*

***All athletes must have the packet consisting of these forms on file in the office before they can participate in practices or meets:***

- 1. Physical Form** (signed multiple times by a doctor, parent, and student)
- 2. District-Provided Transportation Form** (signed by a parent)
- 3. Parent Consent Form** (signed by a parent and student)
- 4. Emergency Consent Form** (emergency form must be **witnessed** when signed by a parent)
- 5. Concussion Release Form** (signed by parent and student)
- 6. KSHSAA Covid-19 Questionnaire** (signed by a parent and student)

***To ride to a meet or home from a meet with a parent, a Return Transportation Release Form must be completed for an individual student. A student may travel to/return from a meet only with his/her parent.***

- Scott VanDeCreek is the boys and girls head coach (**coaches 8<sup>th</sup> boys**)
- Todd Robinett is assistant boys coach (**coaches 7<sup>th</sup> boys**)
- Tabetha Deines is assistant girls coach (**coaches 8<sup>th</sup> girls**)
- Dean Heckethorn is the assistant head coach (**coaches 7<sup>th</sup> girls**)

**\*2024 SMS Track Schedule is on the back\***  
(It is subject to change and it most likely will change)

## Salina South Middle School Track 2024

Day/Time		Meet		Location / Time
Thursday 3-28		Salina Practice Meet		Salina Stadium 3:30
Thursday 4-4		Abilene Inv.		Cowboy Stadium 2:00
Thursday 4-11		McPherson Inv.		Mac High 2:00
Monday 4-15		Derby Participation		Panther Stadium 3:30
Thursday 4-18		Hutchinson Inv.		Gowan Stadium 1:00
Thursday 4-25		Great Bend Participation		Great Bend High 2:00
Thursday 5-2		Salina Inv.		Salina Stadium 3:00
Monday 5-6		WSL League Meet-Derby		Panther Stadium 3:00